



Hybrid Calendar

1 Cardio Meltdown	2 Booty Blend 1	3 Core Inferno	4 Total Body Badass & Freestyle Flow	5 Cardio Blend 1	6 Lean Legs Blend 1
7 Rest	8 LIT Cardio	9 Classic Full Body Blend 2	10 Downbeat Strength	11 Core Blend 2	12 Fight Club
13 Meltcon & Re-Vibe	14 Rest	15 Lean Legs Blend 3	16 Cardio Meltdown	17 Total Body Badass & Freestyle Flow	18 Booty Blend 3
19 Cardio Blend 3	20 MeltCon & Re-Vibe	21 Rest	22 Cardio Meltdown	23 Total Body Badass & Freestyle Flow	24 Classic Full Body Blend 4
25 Cardio Blend 4	26 Total Body Badass & Freestyle Flow	27 Lean Legs Blend 4	28 Rest	29 LIT Cardio	30 Fight Club
31 Classic Full Body Blend 5	32 Booty Blend 5	33 Cardio Blend 5	34 Downbeat Strength	35 Rest	36 Cardio Meltdown
37 Core Inferno	38 Booty Blend 6	39 Total Body Badass & Freestyle Flow	40 Core Blend 6	41 Lean Legs Blend 6	42 Rest
43 Classic Full Body Blend 7	44 Upbeat Strength	45 Booty Blend 7	46 Core Inferno	47 Cardio Blend 7	48 Fight Club
49 Rest	50 Cardio Meltdown	51 Classic Full Body Blend 8	52 Core Inferno	53 Total Body Badass & Freestyle Flow	54 Core Blend 8
55 Lean Legs Blend 8	56 Rest	57 LIT Cardio	58 Fight Club	59 Booty Blend 8	60 MeltCon & Re-Vibe